



PERSONAL TRAINING FEES

(Adult)



Client: _____ Partner(s) (if applicable): _____ Trainer: _____

ONE HOUR TRAINING

| Number of Participants | Number of Sessions | Total Pkg Price (Per Person) | Monthly Payment Plan (Per Person) | Price Per Session/Person |
|------------------------|--------------------|------------------------------|-----------------------------------|--------------------------|
| 1 | 5 | \$237.50 | \$118.75 – 2 Payments | \$47.50 |
| 1 | 10 | \$450.00 | \$225.00 – 2 Payments | \$45.00 |
| 2 | 5 | \$187.50 | \$93.75 – 2 Payments | \$37.50 |
| 2 | 10 | \$350.00 | \$175.00 – 2 Payments | \$35.00 |
| 3+ | 5 | \$137.50 | \$68.75 – 2 Payments | \$27.50 |
| 3+ | 10 | \$250.00 | \$125.00 – 2 Payments | \$25.00 |

FORTY-FIVE MINUTE TRAINING

| Number of Participants | Number of Sessions | Total Pkg Price (Per Person) | Monthly Payment Plan (Per Person) | Price Per Session/Person |
|------------------------|--------------------|------------------------------|-----------------------------------|--------------------------|
| 1 | 5 | \$185.00 | \$92.50 – 2 Payments | \$37.00 |
| 1 | 10 | \$350.00 | \$175.00 – 2 Payments | \$35.00 |
| 2 | 5 | \$135.00 | \$67.50 – 2 Payments | \$27.00 |
| 2 | 10 | \$250.00 | \$125.00 – 2 Payments | \$25.00 |
| 3+ | 5 | \$100.00 | \$50.00 – 2 Payments | \$20.00 |
| 3+ | 10 | \$180.00 | \$90.00 – 2 Payments | \$18.00 |

HALF-HOUR TRAINING

| Number of Participants | Number of Sessions | Total Pkg Price (Per Person) | Monthly Payment Plan (Per Person) | Price Per Session/Person |
|------------------------|--------------------|------------------------------|-----------------------------------|--------------------------|
| 1 | 5 | \$137.50 | \$68.75 – 2 Payments | \$27.50 |
| 1 | 10 | \$250.00 | \$125.00 – 2 Payments | \$25.00 |
| 2 | 5 | \$100.00 | \$50.00 – 2 Payments | \$20.00 |
| 2 | 10 | \$180.00 | \$90.00 – 2 Payments | \$18.00 |
| 3+ | 5 | \$80.00 | \$40.00 – 2 Payments | \$16.00 |
| 3+ | 10 | \$140.00 | \$70.00 – 2 Payments | \$14.00 |

Personal Training Policy: Fees are non-refundable and non-transferable. All packages will have a 12-month expiration date. We require that clients give a minimum of 12 hour notice for appointment cancellations, otherwise the client will be charged for their session. All clients training with a partner or group are required to attend schedule appointments. Clients will forfeit missed appointments. If one client attends, then an individual session fee will apply.